How photons start vision

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ABSTRACT Recent studies have elucidated how the absorption of a photon in a rod or cone cell leads to the generation of the amplified neural signal that is transmitted to higher-order visual neurons. Photoexcited visual pigment activates the GTP-binding protein transducin, which in turn stimulates cGMP phosphodiesterase. This enzyme hydrolyzes cGMP, allowing cGMP-gated cationic channels in the surface membrane to close, hyperpolarize the cell, and modulate transmitter release at the synaptic terminal. The kinetics of reactions in the cGMP cascade limit the temporal resolution of the visual system as a whole, while statistical fluctuations in the reactions limit the reliability of detection of dim light. Much interest now focuses on the processes that terminate the light response and dynamically regulate amplification in the cascade, causing the single photon response to be reproducible and allowing the cell to adapt in background light. A light-induced fall in the internal free Ca$^{2+}$ concentration coordinates negative feedback control of amplification. The fall in Ca$^{2+}$ stimulates resynthesis of cGMP, antagonizes rhodopsin’s catalytic activity, and increases the affinity of the light-regulated cationic channel for cGMP. We are using physiological methods to study the molecular mechanisms that terminate the flash response and mediate adaptation. One approach is to observe transduction in truncated, dialyzed photoreceptor cells whose internal Ca$^{2+}$ and nucleotide concentrations are under experimental control and to which exogenous proteins can be added. Another approach is to observe transduction in transgenic mouse rods in which specific proteins within the cascade are altered or deleted.

Vision begins with the conversion of light from the outside world into electrical signals which can be processed within the retina and sent to the brain. When the conversion fails, as it does in hereditary retinal degenerations, a willing brain is left unable to see. The workings of the first step fix the absolute sensitivity, spectral sensitivity, and temporal resolution of the visual system as a whole. Our understanding of the molecular basis of visual transduction has deepened rapidly in recent years as physiology, biochemistry, and molecular biology have been brought to bear. Insights gained from the study of transduction in photoreceptor cells have helped to elucidate signaling in a wide variety of other cell types that use G-protein-coupled receptors and cyclic nucleotide cascades. My aim in this article is to review some of the accomplishments and gaps in our understanding of visual signal generation.

Electrical and Chemical Signaling in Rods and Cones

Rods and cones have the structure diagramed in Fig. 1A. The outer segment, containing the visual pigment, is connected to the inner segment, which bears a synaptic terminal contacting bipolar and horizontal cells. Light absorbed in the pigment acts to close cationic channels in the outer segment, causing the surface membrane of the entire cell to hyperpolarize. The hyperpolarization relays visual information to the synaptic terminal, where it slows ongoing transmitter release. The cationic channels in the outer segment are controlled by the diffusible cytoplasmic ligand cGMP, which binds to channels in darkness to hold them open. Light closes channels by lowering the cytoplasmic concentration of cGMP. The steps that link light absorption to channel closure in a rod are illustrated schematically in Fig. 1B.

When rhodopsin (R) absorbs a photon its 11-cis-retinal chromophore rapidly isomerizes, causing the cytoplasmic surface of the protein to become catalytically active. In this state, rhodopsin activates the GTP-binding protein transducin (T). Within a fraction of a second a single active R causes hundreds of transducins to exchange bound GDP for GTP, forming active TGTP complexes. A greatly amplified signal now passes to a third protein, cGMP PDE, which is activated by TGTP. Activated PDE hydrolyzes cGMP to 5'-GMP, which cannot open the channel. With cGMP removed, channels close, interrupting a steady inward current of Na$^+$ and Ca$^{2+}$, thus hyperpolarizing the cell. These activation steps in transduction are now well established (see ref. 1 for review) and their behavior has been described quantitatively (2).

The events that terminate the response to light are not so well understood. Catalytically active rhodopsin is thought to be shut off by phosphorylation followed by binding of the soluble protein arrestin. The time course of shutoff in vivo as well as the relative importance of phosphorylation and arrestin binding in reducing rhodopsin’s catalytic activity are not yet known however. Active transducin is thought to be shut off by hydrolysis of the GTP bound to it. Although this process proceeds slowly in the test tube, heat measurements on outer segment preparations indicate that it occurs on the subsecond time scale expected from the time course of the electrical response to light (3). In the intact outer segment the GTPase activity of transducin may be accelerated by a specific protein. A candidate for the accelerator is the γ subunit of PDE (4), which may act in concert with another membrane-bound protein (5). PDE shuts off when its inhibitory subunit, freed by deactivation of TGTP, recombines with the catalytic subunits. Finally, the cGMP concentration is restored to the dark level by cGMP synthesis, which is mediated by guanylate cyclase.

Single Photon Effect

Pioneering psychophysical experiments half a century ago indicated that a retinal rod registers the absorption of a single photon, the smallest unit of light energy (6). Electrical recordings confirm this behavior and reveal that the elementary response is highly amplified. In a mammalian rod, for example, the quantal response has a peak amplitude of about 1 pA and over the entire response the entry of about one million

Abbreviation: PDE, phosphodiesterase.
elementary charges into the cell is blocked (7). This amplification is explained by the cascaded reactions that link rhodopsin and the cGMP-activated channels in the surface membrane. Thus, the intense cGMP sink created by activation of PDE is sufficient to close a few hundred of the 7000 or so channels that are open at any instant in darkness. Further amplification results from the sizeable rate of ion flow through the channels themselves. The single photon response of cones is typically 10–100 times smaller than that of a rod and also considerably briefer. Given these functional differences it is perhaps not surprising that many of the transduction proteins are encoded by different genes in rods and cones (see ref. 1).

Because it involves enzymatic mechanisms, visual transduction proceeds relatively slowly. In a monkey rod, for instance, the single photon response resembles the impulse response of a multistage low-pass filter with an integration time of about 0.2 s (7). This interval is comparable to the integration time of rod vision measured psychophysically (8), so that transduction itself, rather than subsequent processing in the eye or brain, apparently causes the poor temporal resolution of human rod vision. Although the single photon response of cones is too small to resolve, its average form can be inferred from the shape of the response to a dim flash. In primate cones it resembles the impulse response of a bandpass filter, with a delayed s-shaped rise to a peak and a prominent undershoot on the falling phase (9). The amplitude spectrum of the cone flash response has a peak at a frequency of 5–10 Hz, and the form of the amplitude spectrum resembles the psychophysically determined flicker sensitivity of human cone vision measured under light-adapted conditions (10).

**Dark Noise in Rods and Cones**

Dark noise sets the ultimate limit on the performance of many devices that count photons, and retinal rods are no exception. The electrical noise of rods contains two dominant components that may be confused with photon responses: (a) occasional events resembling responses to single photons (the "discrete" component) and (b) a sustained fluctuation of smaller amplitude (the "continuous" component) (11). In a monkey rod the discrete noise events occur about once every 2.5 min (7). Psychophysical experiments indicate a similar magnitude for the rod "dark light," the apparent rate of photon-like spontaneous excitations in dark-adapted rods (12, 13). The temperature dependence of the rate of occurrence of discrete events gives the apparent activation energy of the process producing them as about 22 kcal mol$^{-1}$ (1 kcal = 4.18 kJ) (11). This is close to the activation energy for thermal isomerization of 11-cis-retinal (14), suggesting that discrete events arise from thermal isomerization of rhodopsin’s 11-cis-retinal chromophore. Additional evidence for the functional importance of thermal events is provided by behavioral experiments and recordings from retinal ganglion cells which show that the threshold for scotopic vision in toads is limited by a noise source with a very similar rate per rhodopsin molecule and temperature dependence (15). Although thermal activation occurs, it is infrequent: one calculates a 420-year average wait for a rhodopsin molecule at 37°C (7).

Cones are electrically noisier than rods, consistent with psychophysical evidence for a larger dark light in cones. In a monkey cone one component of the dark noise has a power spectrum like that of the cell’s dim flash response (9). The photoisomerization rate that would produce an equivalent amount of noise is estimated as roughly $10^5$ s$^{-1}$. Bleaching a cone’s pigment lowers the photon-like dark noise, suggesting that the noise may arise from thermal isomerization of pigment (9). Perhaps the red-shift in the absorption spectra of the pigments in red- and green-sensitive cones is inevitably accompanied by greater thermal instability (16).

The continuous noise of rods arises within the outer segment at a site in the transduction cascade downstream from rhodopsin (11), but the molecular mechanism has yet to be identified. The noise seems to result from shot effects of very small amplitude occurring at high frequency. The power spectrum of the continuous noise suggests that the shot effect is shaped by two of the four low-pass filter stages in an empirical quantitative model of the shape of the single photon response (11). Although the continuous component contrib-
utes more to the dark noise variance of rods than the discrete component (7), the discrete component apparently dominates the behavior measured psychophysically. It is not yet clear how this comes about, but evidence has been presented that synaptic transfer of rod signals to bipolar cells is accompanied by a temporal filtering that will help to separate the single photon response from the continuous noise (17).

A rod’s electrical noise is elevated after exposure to bright light, and it has been suggested that increased noise may contribute to the elevated threshold of rod vision measured psychophysically (18). In amphibian rods the noise has a magnitude and power spectrum consistent with a superposition of shot effects like those generated by absorption of photons, and it has been proposed that the noise arises from photoexcited rhodopsin which, during the shutoff process, escapes quenching and returns to the active state (19, 20). In primate rods noise after bright light results partly from anomalous photon responses, which have a rectangular waveform (see below). In psychophysical studies the briefest component of the threshold elevation following bright light decays with a time constant of 5 s (21), which matches the mean duration of the anomalous single photon responses. Perhaps anomalous events, triggered by rhodopsins which fail to be quenched properly in the first place, are responsible for the rapidly decaying threshold elevation.

**Rhodopsin Quenching in Transgenic Mouse Rods**

The termination of rhodopsin’s catalytic activity is a key event in transduction, for as long as rhodopsin is active an amplified signal will continue to be generated by the cascade. Termination is thought to involve binding of rhodopsin kinase to the active rhodopsin, phosphorylation of the rhodopsin at one or a few sites, dissociation of the kinase, and binding of the soluble protein arrestin. Although these steps have been studied in vitro by biochemical techniques, it is not yet clear how they operate in vivo. It is not known, for instance, how rhodopsin’s catalytic activity changes as each step occurs, nor whether the reactions are controlled by feedback arising from subsequent stages in the cascade. In one approach to the mechanism of control of rhodopsin’s activity, Clint Makino and I studied visual transduction in transgenic mouse rods (22). In addition to normal rhodopsin, these cells expressed a 15-amino acid truncation mutant lacking the three phosphorylation sites that biochemical experiments had previously implicated in the shutoff process (see Fig. 2). The transgenic mice were produced in Melvin Simon’s laboratory by Jeannie Chen. Western blots revealed that rods of the mice utilized for the studies contained the usual amount of total rhodopsin, of which about 10% was the truncated form. A similar fraction of the single photon responses recorded from the transgenic rods failed to terminate normally, suggesting that the anomalous responses were generated by truncated rhodopsin molecules (see Fig. 3A). The anomalous responses consisted of a rounded rise to a maintained plateau which lasted on average about 20 times longer than the normal response. This behavior supports the notion that phosphorylation at one or more of the three sites within the C terminus indeed initiates rhodopsin shutoff under normal conditions. The fact that the majority of the rod’s single photon responses were normal shows that the anomalous responses do not reflect a nonspecific disturbance of function in the transgenic rods. Comparison of normal and anomalous responses indicates that normal rhodopsin already begins to be quenched during the rising phase of the photon response. The functional significance of the multiple phosphorylation sites on rhodopsin remains to be determined. Can phosphorylation at a single site trigger normal shutoff? Are the three sites functionally equivalent? Rods expressing rhodopsin in which the phosphorylation sites at serines 334, 338, and 343 are removed one by one should help to answer these questions.

**Feedback Control by Ca**

Exposure of a photoreceptor cell to progressively higher ambient light levels causes absorbed photons to take progressively smaller bites out of the light-regulated conductance. This change, light adaptation, prevents moderate background light from closing all the cGMP-gated channels, which would defeat the cell’s ability to register changes in light intensity. A light-induced fall in the cytoplasmic concentration of Ca$^{2+}$ mediates light adaptation and speeds the recovery of the response to a flash presented in darkness. The fall in Ca$^{2+}$ results from the mechanism diagramed in the lower part of Fig. 1B (reviewed in ref. 1). In darkness, Ca$^{2+}$ enters the cell through the cGMP-activated channel and is extruded by a Na/Ca-K exchanger. In light, the Ca$^{2+}$ concentration falls because closure of the channel blocks Ca$^{2+}$ influx while extrusion by the exchanger continues. Although the Ca$^{2+}$ concentration in rod outer segments has proved difficult to measure, the free level in darkness is thought to be roughly 0.5 μM (24–26); the exchanger is thermodynamically capable of reducing the level in bright light by three orders of magnitude (27). Evidence for the key functional role of the light-induced fall in Ca$^{2+}$ is that blocking the fall prevents adaptation and increases the size and duration of the flash response (28, 29).

The fall in Ca$^{2+}$ antagonizes the light-induced closure of channels by actions at several sites in the cascade (Fig. 4A). For instance, the channel’s affinity for cGMP is lowered at high Ca$^{2+}$ by a calmodulin-like protein (31). A fall in Ca$^{2+}$ will increase the channel’s affinity for cGMP and antagonize channel closure. The enzyme that synthesizes cGMP, guanylate cyclase, is also Ca$^{2+}$ sensitive. A Ca$^{2+}$-binding protein,
phorylation, lowering Ca$^{2+}$ shutoff of the flash response was limited by rhodopsin phosphorylation. Under conditions in which cyclase activity was negligible and Ca$^{2+}$ activation is most important in producing adaptation, while the other effect of Ca$^{2+}$ may antagonize the activation of PDE by light (35). In truncated rods, Leon Lagnado and I found yet another effect of Ca$^{2+}$, on light-triggered PDE activity (30). Under conditions in which cyclase activity was negligible and shutoff of the flash response was limited by rhodopsin phosphorylation, lowering Ca$^{2+}$ reduced the gain of transduction without affecting the time course of response termination. Several pieces of evidence indicated that the effect was exerted at rhodopsin itself, one being that sensitivity to low Ca$^{2+}$ was only present around the time of the flash (Fig. 4B). Lowering Ca$^{2+}$ slightly after the flash, at a time when intense transducin and PDE activation were still present, had no effect. Recent evidence suggests that Ca$^{2+}$'s effect on light-evoked PDE activation is most important in producing adaptation, while the Ca$^{2+}$ effect on the cyclase mainly fixes the dark-adapted gain of the transduction mechanism (36).

Currently we are testing the role of the Ca$^{2+}$-binding protein recoverin by two kinds of experiments. In one, the recombinant protein, kindly provided by Lubert Stryer, is being dialyzed into salamander rod outer segments. Leon Lagnado, Martha Erickson, and I have found that myristoylated (14-0) bovine recoverin slows the recovery of the flash response at high Ca$^{2+}$ but has no effect at low Ca$^{2+}$. A slowing of flash responses has previously been reported to result from addition of purified recoverin to Gekko rods through a patch pipette (37). The slowing effect in our experiments can be shown to depend on inhibition of rhodopsin shutoff, the mechanism indicated by biochemical studies (35). The Ca$^{2+}$ dependence of the effect on the flash response is puzzling, however, as it occurs at unphysiologically high concentrations. In a second approach, Robert Dodd and I are studying transduction in transgenic mouse rods that do not express recoverin. These mice were made by Jeannie Chen and Melvin Simon. “Recoverin knockout” rods transduce, but their light-triggered PDE activity fails to light adapt normally. Furthermore, their Na$^+$/Ca$^{2+}$-K$^+$ exchange current, a measure of intracellular Ca$^{2+}$ kinetics, is faster than that of control rods, consistent with the absence of a buffer that binds roughly 25% of a normal rod’s total intracellular Ca$^{2+}$. The flash responses of knockout rods were also faster than those of control rods, perhaps because of their faster Ca$^{2+}$ kinetics. Although it is not yet clear how to reconcile the results of the two kinds of experiments, one possibility is that different heterogeneously acylated forms of recoverin perform different physiological functions. Perhaps one form is active at physiological Ca$^{2+}$ and mediates adaptation of light-triggered PDE activity, while another, turned on at high Ca$^{2+}$, prevents rhodopsin shutoff and thus protects the cell from abnormal Ca$^{2+}$ loads which might otherwise trigger cell death.

**Reproducibility of the Single Photon Response**

An intriguing property of the visual transduction mechanism is its ability to generate a reproducible elementary response...
(38), which should aid accurate photon counting. The reproducibility is illustrated in Fig. 5A, which presents results from a recent experiment by Fred Rieke. The stepped curve in the histogram is the distribution of the amplitudes of responses evoked by repeated dim flashes of fixed applied strength. From left to right, the peaks represent 0, 1, or 2 effective photon absorptions—fluctuations expected from Poisson statistics. This distribution can be analyzed on the assumption that there is a fixed, Gaussian baseline noise variance and a similar independent variance in the elementary response itself. Reconstructing the observed distribution on this assumption (smooth curve), one finds that the peak representing single photon absorptions has a standard deviation only about one-fourth the mean, indicating good reproducibility. Little would be gained if the reproducibility were better because the standard deviation of the continuous dark noise is comparable to the intrinsic fluctuation in the photon response. The shape as well as the size of the single photon response is remarkably constant from trial to trial.

How does a single rhodopsin molecule trigger a constant response? Typically active lifetimes of single molecules are highly variable because of stochastic fluctuations in the process that terminates activity. For example, the open time of single ion channels is often exponentially distributed because the open state is terminated by a memoryless, first-order transition to the closed state. Indeed, the single photon responses that arise in truncated rhodopsin molecules shut off after exponentially distributed delays with a mean of 5 s (Fig. 3B). Now if normal rhodopsin were shut off by a similar stochastic reaction that simply operated on a shorter time scale, and if it drove a chain of linear gain stages, the amplitude or time integral of the single photon response ought to fit the exponential distribution shown in Fig. 5B. Only two parts of the exponential distribution fail to fit: the right and left halves.

The absence of very small values in the experimental amplitude distribution is a strong constraint on the mechanism of reproducibility. It indicates that a single activated rhodopsin is not quenched by a first-order memoryless transition but instead shuts off along a fairly stereotypic time course. One mechanism for achieving this would be feedback control. For instance, shutoff might be disabled at the high Ca\textsuperscript{2+} level present in darkness but allowed to occur when Ca\textsuperscript{2+} falls during the flash response. By acting as a timer, this mechanism would prevent brief rhodopsin lifetimes and small responses. Somewhat against this notion is the recent finding (39) that clamping the intracellular Ca\textsuperscript{2+} at a high or low level fails to change the apparent rate of rhodopsin shutoff in bright flash responses. It might still be argued, however, that different rules apply to small responses, which were not investigated.

Alternatively, multiple steps might be required for rhodopsin’s catalytic activity to be terminated. Reproducibility would then be achieved in the average activity over these steps, and reproducibility would be maximal if the events were independent and had comparable mean waiting times. A series of identical independent steps could give the exponential time course of rhodopsin shutoff derived from analysis of responses to bright flashes (40, 41). What might these steps be? Perhaps kinase binding itself lowers catalytic activity somewhat, and one or two phosphorylations of rhodopsin lower it still more. Autophosphorylation of rhodopsin kinase may then occur, allowing it to dissociate from rhodopsin so that the final shutoff mediated by arrestin binding can take place.

Either feedback or multiple steps in the shutoff process might produce a distribution of photon response sizes in which small responses are absent, as in the experimental distribution of Fig. 5A. An additional mechanism is probably required to eliminate large responses from the distribution, and feedback activation of cGMP synthesis, driven by the light-induced fall in intracellular Ca\textsuperscript{2+}, might accomplish this. The possibility that amplitude saturation might eliminate large responses seems unlikely because the size and duration of the single photon response increase substantially when a rod’s internal Ca\textsuperscript{2+} is buffered or the response is triggered by a truncated rhodopsin. We are currently performing experiments to test whether Ca\textsuperscript{2+} or other feedback signals may contribute to reproducibility.

Transfer of Signals at the First Synapse

Generation of an amplified single photon response that exceeds electrical dark noise in the rod is an impressive feat, but it is only the first step in the chain of events leading to perception. The next step, transfer of a single photon signal across the rod’s output synapse, poses novel problems because the presynaptic voltage change is very small—roughly three orders of magnitude less than the amplitude of an action potential. Such a small voltage change can produce only a small reduction in the rate of exocytosis of synaptic vesicles. This in turn requires a very high rate of resting release if the photon-induced change is to exceed statistical fluctuations. Synaptic ribbons, specialized structures found within rod and cone terminals (42), may help to support a high resting rate of a release by providing a large pool from which releasable vesicles may be drawn. The presynaptic terminals of auditory hair cells, which also generate small presynaptic voltage signals, contain dense bodies reminiscent of ribbons. If the drop in the rate of release is to be successfully detected and amplified, the elements that generate the postsynaptic response must be nicely matched to those at the presynaptic side of the junction. Remarkably, recent evidence suggests that rod bipolar cells utilize for this task a glutamate receptor coupled to a cGMP
cascade—an amplifying strategy reminiscent of that of the rods themselves (43, 44). A glutamate receptor activated by the rod transmitter released in darkness appears to continually activate a G protein and in turn a cGMP PDE, which holds the level of cGMP low in darkness. A light-triggered reduction in the activity of the glutamate receptor allows cGMP levels to rise, opening cationic channels in the surface membrane and producing a depolarization which carries the message onward. It will undoubtedly be satisfying to learn more about how synaptic transmission is “designed” to work in concert with the visual transduction mechanism. Already it appears that synaptic transmission has borrowed a successful molecular strategy from visual transduction itself.

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